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Table S2. Adult lifespan values under an ad libitum (AL) or intermittent fasting (IF) diet.

Strain	Mean ± SEM (days)	Max days ¹	N ² (died/total)	P value
N2+AL	17.8 ± 0.4	25.0	123/130	-
N2+IF	24.4 ± 1.0	45.0	118/130	< 0.0001 ³
<i>mir-34(gk437)+AL</i>	30.0 ± 1.1	51.5	122/130	-
<i>mir-34(gk437)+IF</i>	27.4 ± 0.9	48.5	126/130	0.4728 ⁴
<i>mir-34(n4276)+AL</i>	27.1 ± 1.1	53.5	126/130	-
<i>mir-34(n4276)+IF</i>	29.7 ± 1.4	54.5	125/130	0.0826 ⁵

1. Maximum lifespan shown is the median lifespan of the longest-lived 10% of the animals assayed.

2. The total number of animals included in lifespan assays equals the number of animals that died plus the number of animals censored.

3. Assayed at the same temperature as N2 AL animals.

4. Assayed at the same temperature as *mir-34(gk437)* AL animals.

5. Assayed at the same temperature as *mir-34(n4276)* AL animals.